WHAT YOU NEED TO KNOW ABOUT CHOLERA

What is Cholera?
Cholera is an acute diarrhoeal infection caused by ingestion of food or water contaminated with a bacteria called Vibrio cholerae.

What are the symptoms?
1. Profuse watery diarrhea, sometimes described as “rice-water stools”
2. Vomiting
3. Increased thirst
4. Leg cramps
5. Restlessness or irritability

Prevention and control
1. Oral Cholera vaccines
2. Access to safe drinking water and adequate sanitation.
3. Prompt administration of Oral Rehydration Solution (ORS) -

Treatment & remedies
Cholera patients should be evaluated and treated quickly with Rehydration therapy, Antibiotic treatment, and Zinc treatment at a local clinic.